

Kindergarten Snack Ideas

Here is a list of snack ideas. **By no means is this a complete list**, but just some ideas to help you out.

1. Cut up/whole vegetables – peppers, carrots, cauliflower, broccoli, etc.
2. Cut up/whole fruits – apples, oranges, banana, pineapple, grapes, strawberries, blueberries, watermelon, etc.
3. Pretzels
4. Popcorn
5. Raisins/Craisins
6. Fruit leather
7. Fruit bars
8. Yogurt
9. Fruit cups (transferred into a resealable container)
10. Rice cakes
11. Rice crackers
12. Dry cereal (no nuts)
13. Granola (no nuts)
14. Crackers with/without cheese
15. Cheese slices
16. Cheese sticks
17. Graham wafer crackers
18. Half a sandwich
19. Bagels
20. Whole wheat bread
21. Re-sealable Sipper cup for juice or water – no juice boxes please.

Please do not send items with peanuts or tree nuts.

Please pack your child's snack and drink in the side pouches of their backpacks for easy access. Thank you.